





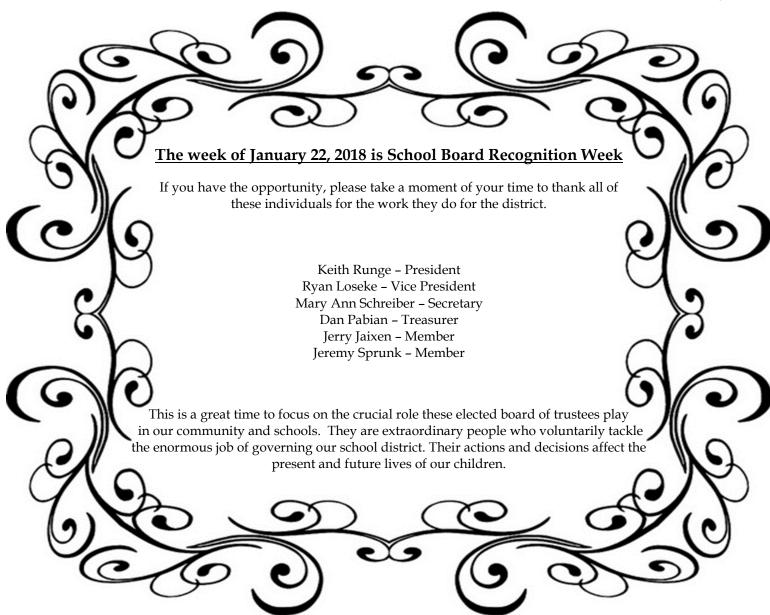
From The Superintendent's Desk — By Dr. Plas DID YOU KNOW?

- The average Lakeview teacher has over 19 years of experience compared to the state average of
 15 years. Staff includes multiple national teachers of the year finalists and award winners!
- Lakeview has a partnership with Central Community College (CCC), providing an opportunity for Lakeview high school students to begin their college experience while still a high school student.
- Lakeview has started a Get Growing Program which is a multi-year project involving aquaponics
 and hydroponics spanning multiple curricular areas of the K-12 district.
- Lakeview's 11th grade students have out-scored the state average in mandated testing every year
 since the practice was adopted by the state of Nebraska.
- Lakeview adopted a Mental Health Funnel which is a systematic way to meet the mental health needs of every student in the district.
- After School Programs are available at both LCS elementary school locations!
- Lakeview has had an average annual spending increase of less than 1% since the 2009-10.
- Lakeview has a strong academic background that has been displayed with 26 perfect individual NeSA scores in 2015-16. Lakeview surpassed the state average on the NeSA test in 12 of 20 potential categories for the seven grade levels tested.
- Lakeview's average ACT score in 2015 of 22.4 was well above the state average of 21.7
- All LCS teachers are a part of a K-12 mixed learning team which creates more communication and a sense of connection between the elementary and secondary staff.
- · Lakeview robotics team has qualified for international competitions.



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In & Around the Jr/Sr High School...

Lakeview Academic/Career Fair!!

When: January 29th, 2018--- 4:00-8:00pm

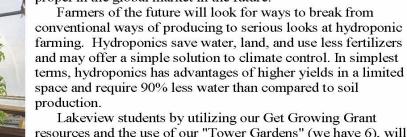
Where: The Lakeview Jr.-Sr. High School Commons area.

Why: Over 20 colleges and businesses will be in attendance!

For younger students it is a perfect time to start asking questions about the requirements needed for potential colleges or learning the skills and education you need for the careers you want!

Hydroponically (no soli) grown vegetable and the demand for organic/natural grown produce is expected to

propel in the global market in the future.



Lakeview students by utilizing our Get Growing Grant resources and the use of our "Tower Gardens" (we have 6), will learn of these future trends in agriculture. Some of our goals are having food produced for use in our schools salad bars (we already have had lettuce), measuring and graphing growth of our vegetables at the elementary level, and the exposure for all curriculum levels to the different ways people can view farming.

Co-Coordinator, Dennis Micek



On behalf of the Senior Class of 2018...by Mrs. Jill Krienke, Senior Class Sponsor

All 9-12 Lakeview students are invited to attend the Snowball Winter Formal! The dance will be held Saturday, Jan 6, 2018 from 7:00 pm to 11:00 pm in the LHS West Gym. Admission will be \$5 per person paid at the door that evening. All Lakeview patrons are invited to attend the crowning of our Snow Ball royalty at 8:00 pm that evening in the West gym. As the senior class is hosting the event, all members of the Class of 2018 are reminded that decorating will take place Sat morning on Jan 6th from 9 am to 12 noon, and we will clean up immediately after the dance that evening. In addition, we thank our senior officer parents for serving as chaperones that evening for the dance. Mark your calendars to ring in the New Year at the Snowball Winter Formal on January 6, 2018!



Congratulations to Travis Schoch for being selected as the Junior High, Viking Way, November Student of the Month! Travis has been kind and respectful, and he always has a warm and friendly "hello" to share with others. Great job Travis!

Students of the Month

Congratulations to Maverick Pilakowski for being selected as the High School, Viking Way, November Student of the Month! Maverick has a great attitude and a strong work ethic. He is a positive leader and he is willing to help out where there is a need, and he takes pride in his school! That's awesome Maverick!



Seniors will be highlighted in the 2017-2018 yearbook! If you are a senior this year, please submit a digital image of your favorite senior picture to kschatz@lakeview.esu7.org. If you do not have a professional senior picture to submit, see Mrs. Schatz to make arrangements to have one taken. Note: headshots look best, but any appropriate pose will be accepted.

All senior pictures are due by February 15, 2018. See Mrs. Schatz if you have any questions.



Artist of the Month

The January Artist of the Month is senior, Megan Ferris who is taking Drawing class this semester. Her parents are Carolyn and Ryan Ferris. Students reproduced a black and white photograph using charcoal. This was her first portrait!

The Lakeview One Act team performed FLOW this year by Dominic Orlando. Becky Vinson came on board as assistant



coach for the year and there were twenty-five students who signed on for the challenge of putting on a great performance. The script this year was a bit challenging but the students put in a lot of hard work to bring it to life. At the Conference meet in Grand Island this year, the team placed 9th -- this motivated the students to work even harder and over the next 5 days many changes were made to improve on the performance. On December 1st, the Lakeview One Act team took the stage for the District meet at CCC in Columbus and had their best performance of the season! The team placed 4th and had 7 students recognized as outstanding actors: Halla Paschold, Hayden Nelson, Ethan Vinson, Madison Mahoney, Emily Cunningham, Andrew Herley, and Emily VanCleave. Congratulations to the One Act



team this year and thanks for making it a great year!



Congratulations Saylor Eberhart!

Saylor was nominated by her teachers to represent the Lakeview Junior High School Lions Club Student of the Month.

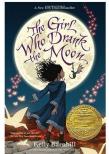
Saylor's teachers wrote about her outstanding character and academic dedication.

Way to go Saylor!

From the Library...
With Mrs. Luebe

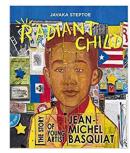
2017 Book Award Winners

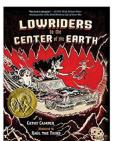
Read something new, something popular, and something worthwhile by choosing one of the 2017 award-winning books.



<u>Newbery Medal</u> - The Girl Who Drank the Moon by Kelly Barnhill. Honors the author of the most distinguished contribution to American literature for children.

<u>Caldecott Medal</u> – Radiant Child: The Story of Young Artist Jean-Michel Basquiat by Javaka Steptoe. Honors the artist of the most distinguished American picture book for children.





Belpre Medal – Honors a Latino/Latina writer and illustrator whose works best portray, affirm, and celebrate the Latino cultural experience in an outstanding work of literature for children and youth.

- Illustrator Award- *Lowriders to the Center of the Earth* by Cathy Camper, illustrated by Raul the Third
 - Author Award-Juana and Lucas by Juana Medina

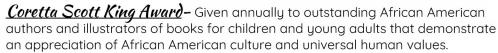
<u>Theodor Seuss Geisel Medal</u>– We Are Growing by Mo Willems and

Laurie Keller. Honors the author(s) and illustrator(s) of the most distinguished contribution to the body of American children's literature known as beginning reader books published in the United States during the preceding year.



<u>Schneider Family Book Award</u> – Honor authors or illustrators for books that embody an artistic expression of the disability experience for child and adolescent audiences.

- Teen Award Winner- When We Collided by Emery Lord
- Middle School Book- as brave as you by Jason Reynolds
- Young Children's Book- Six Dots: A Story of Young Louis Braille by Jen Bryant, illustrated by Boris Kulikov



- Author Award- March: Book 3 by Congressman John Lewis and Andrew Avdin
- Illustrator Award- Radiant Child by Jean Michel Basquat by Javaka Steptoe (also winner of the Newbery Medal)



ISSUE #17 VIKING FOOTBALL JANUARY 2018

SEASON REVIEW (7-3)

GAME I LHS 35 Milford 7 Lakeview went on the road and scored a big opening night win. Lucas Thatcher busted a school record rushing for 310 yards.

GAME 2 LHS 7 Norf. Cath 34 Lakeview played very well on defense for most of the game. NC pulled away in the 2nd half.

GAME 3 LHS 42 Fort Calhoun 6 Fort Calhoun was 2-0 at the time. LHS faced a loud ruckus crowd on the road. Played a great game and won going away.

GAME 4 LHS 28 O'Neill 17 Lakeview defeated the defending state champions on homecoming night. It was a great effort in all three phases.

GAME 5 LHS 0 Boone 35
Boone Central came to play and
Lakeview didnt. BC controlled
this game from the start

GAME 6 LHS 42 Scotus 41 OT This was a game for the ages as Lakeview came from 18 points down in the 3rd quarter to win in OT. Cadge Janssen hit Jaden Johnson for the two point

GAME 7 LHS 42 GICC 0

conversion in OT.

Lakeview put on a show for the homecoming crowd. Lakeview put the game away by halftime.

GAME 8 LHS 26 Adams C. 20 Lakeview went on the road and overcame some sloppy play for the win. Jaden Johnson plunged in on a QB wedge as time expired.

GAME 9 LHS 21 Ord 20

The defense was the story as they came up with huge plays when we needed it most. Brock Foltz scored on a scoop and score.

PLAYOFFS LHS 14 O'Neill 35

Not the way we all dreamed it would end.



VIKINGS EARN POST SEASON HONORS

ALL DISTRICT FIRST TEAM

OFFENSE

Jacob Frenzen RB

Cody Thompson QL

DEFENSE

Brook Behlen DL

Nolan Viergutz MLB

Isaac Dreifurst DB

Brock Foltz DB

HONORABLE MENTION

Cameron Drozd DB

Cadge Janssen K/P

Elijah Mohlman OL

Jacob Sprunk OLB

Camden Wilke DL

ALL STATE 1st Team

Zach Kobza

ALL STATE HONORABLE MENTION

Isaac Dreifurst DB Brock Foltz DB
Jacob Frenzen RB Cody Thompson OL
Nolan Viergutz MLB

ACADEMIC ALL STATE

Jaden Johnson Jacob Sprunk



THANK YOU TO THE SENIORS

Isaac Dreifurst Elijah Mohlman Jacob Sprunk Nolan Viergutz Camden Wilke

THANK YOU TO ALL OF THE PARENTS

The football team would like to take this opportunity to thank the football parents for all of the wonderful meals this past season. The meals that were provided to our team this past season would not be possible without the wonderful donations each of you made. THANK YOU!

JV FOOTBALL REPORT

The 2017 JV season was highlighted with victories vs. Twin River, David City, North Bend, Scotus, Schuyler, and Central City. The JV team played with good effort every week and finished the season with a 6-2 record. The two losses that Lakeview suffered came in two very competitive games against Columbus High and Wahoo Neumann. The JV players were very coachable all season and it was fun to see them play each and every week. The JV team improved every week and prepared themselves for a great 2018 season.

HALL OF FAME NIGHT

Lakeview High School celebrated their third Hall of Fame class on September 15, 2017. The night was full of school spirit and trips taken down memory lane. The night provided our community the opportunity to celebrate several of Lakeview's best teams and best players. The night was made that much more special by the Viking football team as they took down the defending Class C-1 State Champions 28-17. After the Hall of Fame Inductees were honored during the game, a reception for them was held in the school cafeteria. Thank you to all that attended and were a part of this very special night.

ISSUE #17 VIKING FOOTBALL JANUARY 2018

FOOTBALL HONORS NIGHT The Football Honors Night was held in November. The night gave us a chance to honor the football team for all of their hard work this past year. Each player was honored individually and then special awards were given out. Those awards

Pancake Award – Nolan Viergutz
Hitman Award – Brock Foltz
Scout Team MVP – Joel Lemburg
Special Teams MVP – Cadge Janssen
Offensive MVP – Jacob Frenzen
Team MVP – Nolan Viergutz



Ball Hawk Award – Cameron Drozd Practice MVP – Camden Wilke Most Improved – Cody Thompson Defensive MVP – Brock Foltz Viking Pride Award – Isaac Dreifurst

TEAM STARTS OFF-SEASON CONDITIONING

Off-season football conditioning started in December for the football players who are not involved in a winter sport. It is very important that our team keeps working hard this off-season. The following players are doing their part to make sure that we get back to the playoffs during the 2018 season.

12th - Brock Foltz, Dylan Johnson, Kaylob Kobza, Aaron Peterson, Kyle Reeves, Dylan Wyatt

11th - Carsten Loseke, Kade Stromberg

10th - Layne Forney, Dylan Jensen, Cameron Schwarz

These players are going through an extra lifting and agility cycle each day after school. In lifting we focus on a specific muscle group each day that will benefit them in all athletics. We also take them through different agility drills that improve quickness, strength, and flexibility. I have seen good improvement overall. However, there is always room for us to improve our work ethic. It will be important for our athletes to understand that working hard now will pay dividends next season.

COLLEGE FOOTBALL UPDATE: JACK SHADLEY-DOANE, TATE JANSSEN-CONCORDIA, DAKOTA PROROKNEBRASKA WESLYAN

Jack Shadley finished up a stellar career at Doane this past season. After missing the first couple games this season Jack went on to lead the Tigers offense for the remainder of the season. Tate Janssen started his career at Concordia this past fall and will compete for the starting kicking duties this coming fall. Dakota Prorok made a big impression on NWU coaches this past fall. He will be in line to not only start on defense but special teams next fall. Congrats to all three of these wonderful alumni.

SPECIAL THANKS

The team would like to thank Zach Hoadley and Ryan Stegman for serving as assistant coaches this past year.

SPRING SPORTS

Please encourage your son to participate in spring sports. It is very important for our student athletes to stay involved in competition year around. It is important to have them continue to gain a competitive edge by being a part of a team in the spring. Whether its track, soccer, or golf, your son can benefit greatly by being involved.

SPRING MEETING DATES SCHEDULED

The winter season will be wrapping up soon and the spring season will be starting. We have scheduled meetings in between the two seasons the best that we can. The three following dates are very important and we would appreciate all team members that are going to be in high school next year to attend. All meetings will be held at night in the weight room starting at

SPRING MEETING FOR PLAYERS – TBA

Players will turn in goal/info sheets and we will hand out summer info. The upcoming season will be discussed with the team.

FUNDRAISING NIGHT - March 12, 2018

6:00 pm and lasting until 8:00 pm.

Coaches will take the team into Columbus and sell our coupon booklets. Pizza will be served when they return to the weight room.

FOOTBALL BLITZ NIGHT - March 19, 2018

Coaches will take the team into Columbus and sell our coupon booklets. Pizza will be served and prizes handed out when they return to the weight room.



January Issue

Lakeview Future Business Leaders of America 2017 - 2018, Reporter Sydney Loseke

National Fall Leadership Conference in St. Louis MO

November 10-12 marked the National Fall Leadership Conference for this years 'Elevate Your Future'. St. Louis hosted the event in Sterling Studio 8 in conference rooms. Keynote speaker Rhett Laubach lead the Opening Session to start off this year's National Conference. Rhett's clients included business professionals, youth organizations, professional associations and schools. His programs are high energy for a greater impact. Being the co-creator of Each1 Only1, gives a personal college recruiting training program. With over 20 years of experiences and surviving a brain tumor, he has spoken in 48 states, the Bahamas, and Canada. Over a million audience members!

This year's conference lead a Blue Jeans for Babies Dance

Bringing a \$5 donation and your blue jeans, members and advisers we welcome to participate.

All Donations were giving to March of Dimes.

Many other speakers brought a light into conference rooms during workshops. Scott Backovich end the Closing Sessions with a story of the past. While being meaning and emotion. He brought laughs and motivation. Backovich is featured on TV, radio, newspapers and motivational conferences. He showed how this generation has redefined 'connection'. He shared how we can use media as an advantage.

In between workshops, the Lakeview chapter took 28 members to this unforgettable experience. This years additional tour was the Gateway Arch. Students got to hear about this historical landmark. Being the world's tallest arch, our group got the opportunity to view life from a different standpoint.

Dodge the Cancer Tournament

This years annual dodgeball tournament was November 18 at Lakeview High School. Co-ed teams participated in this competition to raise money for a priceless goal. All proceeds went towards cancer research. Seniors were once again victorious ending the fight with success.

Christmas for Our Troops

Lakeview viking times brought the competition by gathering food and miscellaneous items for this years annual 'Christmas for Our Troops.

Secret Santa Project

December 11-15, participating teachers filled out their questionnaire sheet because it is guessing time. Members volunteered and were assigned a teacher. Leaving a gift and clue each day. Teachers be on your toes, because Friday is the final revel.

Upcoming Events

Money Smart Week	Jan 8-12
Helping Hands for Center for	Jan 22-26
Survivors	

In and Around Shell Creek Elementary



Cali Bentz received a perfect score on the 2017 NESA test in Math.

Kindness Poster Contest Winners: 1st Place-Grace Dawson 2nd Place-Cali Bent2 3rd Place-Abby Ellsworth





Romy Schatz was the winner of the Fas-Break Auto Glass Achievement Award. This award is given to a student who shows a concerted effort to raise their grades, advance in a personal achievement, or who shows an awareness in their community and works to meet those needs.























A Byte from the Shell Creek Computer Lab



December 4th through 8th was a busy week in the Shell Creek computer lab with students helping space cadets find missing space ship parts, puppies looking for their owners, and monsters gobbling candy. These were a few of the adventures the 2nd through 6th graders enjoyed as part of the Hour of Code.

The Hour of Code is held in conjunction with Computer Science Education Week. The Hour of Code (HOC) began four years

ago through Code.org as a way to introduce students to the field of computer science by doing one hour of coding. To date, over 100 million students have tried an hour of coding.

This is the third year that Shell Creek Elementary has hosted an HOC event and the first time that second graders had the opportunity to participate.

Student experiences varied from grade level to grade level. Many younger students felt that coding was "too hard" in the beginning while older grades thought that the beginning levels were

"too easy." By the end of the week, most students were eager to do more and asked if they could continue at home.

If your student is interested in practicing more coding and programming, be sure to check out www.tynker.com or scratch.mit.edu. These sites are great for introductory lessons. More advanced learners may want to check out www.codecademy.com or www.learnpython.org.













In and Around Platte Center Elementary



Snowfall Contest Winners!!!

When will it snow? Students at Platte Center Elementary guessed in November when the first snowfall would be. On December 6, we were all surprised to see a white sky and snow accumulating! Winners are: Kindergarten~Temperance Litz, Grade 1~Keeshan Killham, Grade 2~Lillian Ackerman,

Grade 3~MaKenzie Greisen, Grade 4~Andy Padilla, Grade 5~Clayton Thomson,

Grade 6~Jane Johnson. Congratulations to our winners!!!



Parent Gift Project

"To Give is Better Than to Receive!" Platte Center students were busy elves, working on gifts for their parents. Thank you to all of our students and staff for your cooperation!!

Platte Center Elementary Holiday Food Drive

In the spirit of the season, the Student Council hosted a holiday food drive for the Platte County Food Pantry. The Platte County Food Pantry serves a number of families in the Columbus area that would otherwise go hungry. The 3 classes that donated the most food items per student from December 11-15 were awarded small prizes.

It was wonderful to see the students share some holiday spirit!

In & Around Christ Lutheran School...



On Nov. 21, Christ Lutheran held its Friendship Soup Day. Prayer Partners of the students were invited to the church basement to share in some Friendship Soup. Each school family brought an ingredient to make the soup. The ingredients were combined making the delicious Friendship Soup. Students and their prayer partner filled out an Advent calendar with

different topics that they could pray for during the season of Advent. Through this activity, friendships were made and strengthened. The pumpkins that adorned the tables, which were made by the students, were presented to the prayer partners. It was a great time learning about the power of prayer in a multigenerational setting.







The first quarter Fasbreak Award was presented to Briggs Klug. Congratulations Briggs on being a great example of a hard worker, encourager, and classroom helper.

The 1st semester of the school year has flown by. At this special time of year, the faculty, staff, and students of Christ Lutheran School wish everyone a blessed Christmas and a Joyous New Year!!

In & Around Lakeview Community...

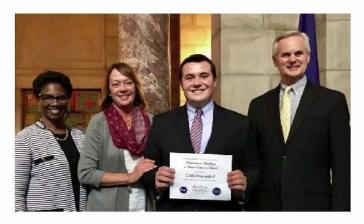
TESSENDORF HONORED AT COMMISSIONER'S RECOGNITION

The 20th annual Commissioner's Recognition for Student Excellence in Career Education was held in the Nebraska State Capitol Rotunda on Monday, November 13. Career and Technical Student Organization members who placed in the top three of their events at their respective national competitions were honored at this recognition. These organizations include DECA, Educators Rising, FFA, HOSA, FBLA, PBL, FCCLA and Skills USA.

Cole Tessendorf, 2017 Lakeview graduate, was recognized for placing 1st in the Sales Presentation event at the FBLA National Leadership Conference held in Anaheim, California this past summer. The sales presentation event includes a presentation attempting to persuade the judges to purchase their product or product concept.

Following the ceremony, a reception was held at the Governor's mansion. Guests attending included Abby Tessendorf, Cole's mother, Jackie Alfson, Cole's grandmother, and Jan Went, Cole's FBLA Adviser.

Cole currently attends Augustana University in Sioux Falls, South Dakota majoring in Biology with a Pre-Med emphasis and minoring in English.



Left to right: Deputy Commissioner, Dr. Deborah Frison, Jan Went, Adviser, Cole Tessendorf, Lieutenant Governor Mike Foley in Capitol Rotunda.



Left to right: FBLA State Adviser, Jacqui Garrison, Cole Tessendorf, Jan Went, Adviser in Governor's Mansion.



Left to right: Jackie Alfson, grandmother, Cole Tessendorf, Abby Tessendorf, mother.

		J	anuary 201	18		
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 CHICKEN NUGGETS SCALLOPED POTATOES CORN ROLL	4 TATER TOT CASSROLE BREAD STICK RED APPLE SAUCE	5 CHICKEN QUESADILLA FRIES GREEN BEANS COOKIE	6
7	8 PULLED PORK BAKED BEANS SUN CHIPS	9 BAKED CHICKEN MASHED POTATOES CORN ROLL	10 STROMBOLI FRENCH FRIES CARROTS	11 BEEF TACOS W/TOPPINGS RICE FRUIT CRISP	12 CHICKEN BACON BOWIE PASTA PEAS BREAD STICK	13
14	15 NO SCHOOL	16 STIR-FRY MEAL RICE BROCCOLI FORTUNE COOKIE	17 BREADED BEEF PATTY MASHED POTATOES GRAVY,CORN ROLL	18 CORN DOGS FRENCH FRIES CARROTS PUDDING CUP	19 GOULASH GREEN BEANS BREAD STICKS	20
21	CREAMED CHICKEN OVER A BISCUIT MIX VEGGIES	23 PIZZA GREEN BEANS COOKIE	24 CHICKEN NUGGETS MASHED POTATOES ROLL CORN	25 WALKING TACO W/TOPPINGS RICE FRUIT DESSERT	26 PORK PATTIE ON A BUN FRENCH FRIES PEAS	27
28	29 SLOPPY JOES FRENCH FRIES CARROTS	30 POPCORN CHICKEN MASHEDPOTATOES CORN ROLLS	31 RIB PATTIES BAKED BEANS SUN CHIPS			

Breakfast includes 100% juice or fruit (1/2 required) and a milk choice. All lunches include a fruit choice available each day, whole grain bread and buns are served along with a daily milk choice.

The USDA prohibits Lakeview Community Schools from discrimination on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

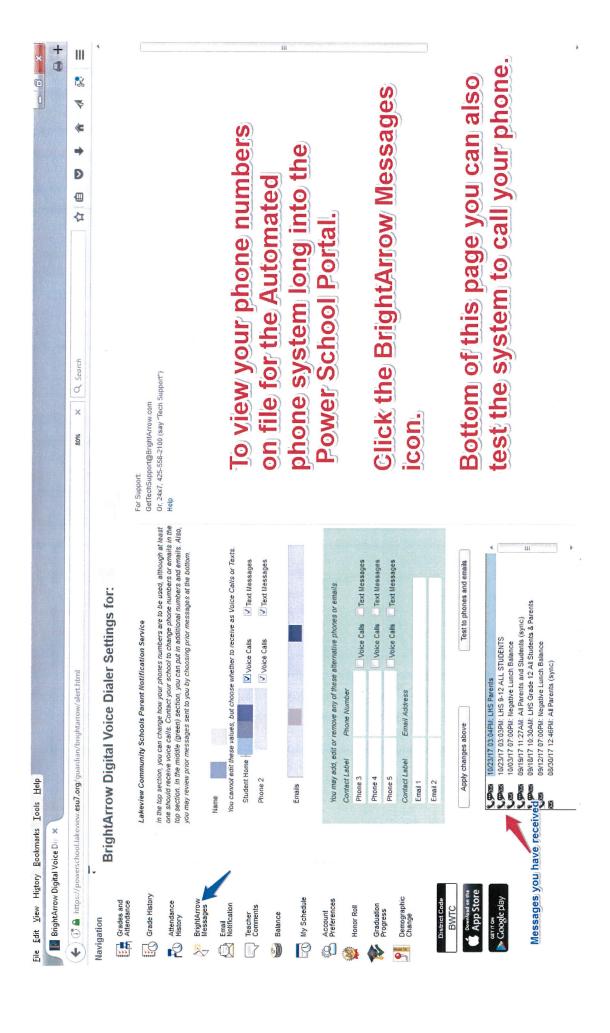
If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.



Lakeview

January, 2018

January, 2018						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	No School K-12 10:00am-12:00pm High School BB Practice (Boys) @ East Gym	No School - In-service 10:00am-12:30pm High School BB Practice (Girls) @ East Gym 4:00pm-6:00pm High School BB Practice (Boys) @ West Gym 6:30pm-8:00pm 7th and 8th Boys Basketball Practice @ West Gym 6:30pm BB-G/9th Boone Central / Newman Grove 7:45pm BB-B/9th Boone Central / Newman Grove	Start of 2nd Semester/3rd Quarter	4:00pm-6:00pm CCC Basketball Practice @ West Gym 4:30pm BB-G/JV Douglas County West 4:30pm BB-B/JV Douglas County West 6:00pm BB-G/Varsity Douglas County West 6:30pm-8:00pm 7th and 8th Boys Basketball Practice @ West Gym 7:30pm BB-B/Varsity Douglas County West	5.15am-7:40am 7th and 8th Boys Basketball Practice @ West Gym 1:00pm-3:00pm CCC Basketball Practice @ West Gym 3:30pm WR-Varsity Ashland-Greenwood 6:15pm BB-G/Varsity GI Northwest 6:15pm BB-B/JV GI Northwest 8:00pm BB-B/Varsity GI Northwest 8:00pm BB-G/JV GI Northwest	9:00am-12:00pm Snowball Dance @ West Gym 10:00am BB-G/9th Pierce 11:30am BB-B/9th Pierce
9:00am-9:00pm Heartland Volleyball League @ Both Gyms	8 4:00pm-6:00pm High School BB Practice (Boys) @ West Gym 4:00pm-6:00pm High School BB Practice (Girls) @ East Gym 6:30pm-8:00pm 7th and 8th Boys Basketball Practice @ West Gym 6:30pm BB-G/9th Scotus Central Catholic 7:45pm BB-B/9th Scotus Central Catholic	9 6:15am-7:40am 7th and 8th Boys Basketball Practice @ West Gym 6:15pm BB-B/JV Pierce 6:15pm BB-G/Varsity Pierce 8:00pm BB-G/JV Pierce 8:00pm BB-B/Varsity Pierce	Early Dismissal - 1:30PM - All attendance centers 4:00pm-6:00pm High School BB Practice (Girls) @ West Gym 4:00pm-6:00pm High School BB Practice (Boys) @ East Gym	4:00pm-6:00pm High School BB Practice (Girls) © East Gym 4:00pm-6:00pm High School BB Practice (Boys) © West Gym 6:00pm BB-G/9th (Rescheduled from 01-11-18) Clarkson-Leigh BB-9th Rescheduled to 01-11-18 6:30pm WR-Varsity Platteview 6:30pm-8:00pm 7th and 8th Boys Basketball Practice © West Gym BB-9th (Cancelled)	124:30 pm BB-G/JV Centennial Junior- Senior 4:30 pm BB-B/JV Centennial Junior- Senior 6:15 pm BB-G/Varsity Centennial Junior- Senior 6:30 pm-8:00 pm 7th and 8th Boys Basketball Practice @ West Gym 8:00 pm BB-B/Varsity Centennial Junior- Senior	8:00am (Speech) Pierce 9:00am WR-Varsity Schuyler Community 9:30am BB-B/8th Twin River 9:30am BB-B/7th Twin River 10:00am-11:00am High School BB Practice (Boys) @ East Gym 1:30pm BB-G/JV Aquinas Catholic 3:00pm BB-G/JV Aquinas Catholic 3:00pm BB-G/Varsity Aquinas Catholic 4:30pm BB-B/Varsity Aquinas Catholic
9:00am-9:00pm Heartland Volleyball League @ Both Gyms	(Vocal) Boone Central Choral Clinic No School K-12 4:00pm-6:00pm High School BB Practice (Girls) @ West Gym 4:00pm-6:00pm High School BB Practice (Boys) @ East Gym 6:30pm BB-B/8th Wayne 6:30pm BB-B/7th Wayne	16 6:00 pm BB-G/Varsity Milford 6:00 pm BB-B/JV Milford 6:30 pm WR-Varsity Northwest 7:45 pm BB-G/JV Milford 7:45 pm BB-B/Varsity Milford	6:15am-7:40am 7th and 8th Boys Basketball Practice @ West Gym 4:00pm-6:00pm High School BB Practice (Girls) @ East Gym	18 4:00pm-6:00pm High School BB Practice (Boys) @ East Gym 4:00pm-6:00pm High School BB Practice (Girls) @ West Gym 4:30pm BB-B/7th Schuyler Community 6:00pm BB-G/9th Columbus 6:30pm BB-B/8th Schuyler Community 7:45pm BB-B/9th Columbus	19 10:30am WR-Varsity Madison Public Schools 6:15pm BB-B/JV Schuyler Community 6:15pm BB-G/Varsity Schuyler Community 8:00pm BB-G/JV Schuyler Community 8:00pm BB-B/JV Schuyler Community 8:00pm BB-B/Varsity Schuyler Community	8:00am-10:00am 7th and 8th Boys Basketball Practice @ West Gym 8:30am (Speech) Lincoln Southwest 10:00am-11:30am High School BB Practice (Boys) @ East Gym 12:00pm Youth Wrestling Tournament @ Multiple locations
21 7:00am-6:00pm Youth Wrestling Tournament @ Multiple locations	Choir TBD BB-G/Varsity TBD vs. TBD TBD BB-B/Varsity TBD vs. TBD 6:30pm BB-B/8th Scotus Central Catholic 6:30pm BB-B/7th Scotus Central Catholic	23 TBD BB-B/Varsity TBD vs. TBD TBD BB-G/Varsity TBD vs. TBD 6:30pm-8:00pm 7th and 8th Boys Basketball Practice @ West Gym	School BB Practice (Boys) @ East Gym 4:00pm-6:00pm High School BB Practice (Girls) @ West Gym	25 TBD BB-B/Varsity TBD vs. TBD 6:30am (Band) IWCC JH/SH Honor Band 4:00pm-6:00pm High School BB Practice (Girls) @ East Gym 6:00pm WR-Varsity Boone Central / Newman Grove vs. Multiple Schools 6:30pm BB-B/8th Seward 6:30pm BB-B/7th Seward	26 (FFA) State FFA Alumni Conference TBD BB-G/Varsity TBD vs. TBD 4:00pm-6:00pm High School BB Practice (Boys) @ East Gym 4:00pm (Speech) Millard West 6:30pm-8:00pm 7th and 8th Boys Basketball Practice @ West Gym	27 TBD BB-B/Varsity TBD vs. TBD (FFA) State FFA Alumni Conference TBD BB-G/Varsity TBD vs. TBD (Band) Wayne State Honor Band 8:00am-10:00am 7th and 8th Boys Basketball Practice @ West Gym 9:00am WR-Varsity Raymond Central
28 9:00am-9:00pm Heartland Volleyball League @ Both Gyms	29 Early Dismissal - 1:30PM - All attendance centers P/T Conferences TBD BB-B/8th Boone Central / Newman Grove TBD BB-B/7th Boone Central / Newman Grove 1:30pm-3:30pm High School BB Practice (Girls) @ East Gym 1:45pm-3:45pm High School BB Practice (Boys) @ West Gym BB-9th (Cancelled) 7:45pm BB-B/9th Schuyler Community	30 6:15pm BB-B/JV Seward 6:15pm BB-G/Varsity Seward 8:00pm BB-G/JV Seward 8:00pm BB-B/Varsity Seward	316:15am-7:40am 7th and 8th Boys Basketball Practice @ West Gym 4:00pm-6:00pm High School BB Practice (Girls) @ West Gym 4:00pm-6:00pm High School BB Practice (Boys) @ East Gym			





United States Department of Agriculture

MYPLATE GUIDE TO

SCHOOL LUNCH

for Families

VEGETABLES Vegetables

A variety of vegetables helps kids get the nutrients and fiber they need for good health.

Low-fat (1%) Children and teens protein, and vitamin D found in milk for strong bones, teeth

MILK

or Fat-free milk. need the calcium, and muscles.



GRAINS

Whole grains give kids B vitamins, minerals, and fiber to help them feel fuller longer so they stay alert to concentrate at school.

PROTEIN FOODS

Meat, poultry, fish, dry beans, peas, eggs, nuts, and seeds provide many nutrients including protein and iron. Portion sizes are based upon the nutrition needs of children in various grade groups. School meals also allow cheese, tofu, and yogurt to count as the meat/meat alternate in the school lunch.

FRUITS

Every school lunch includes fruits as well as vegetables. Only 1/2 of the fruits offered may be 100% juice, since whole and cut-up fruits have more fiber.













HOW DOES SCHOOL LUNCH HELP FAMILIES?



Provides a balanced meal

It meets one-third of the nutrition needs of most children for the day.



Helps kids learn where foods come from

Farm to school programs are in 42 percent of schools which increase kids access to locally produced foods and learning activities such as farmers' visits and school gardening.



Saves time

If you spend
10 minutes a day packing
lunch, that adds up to
30 hours (1,800 minutes)
each school year.



Supports learning at school

Research shows that kids with healthier eating patterns have better academic performance.



"We grow fruits and vegetables in our school greenhouse, which are harvested and given to the cafeteria to serve on the salad bar. It's great because the landscaping class gets involved, the leadership classes get involved, and even all the marketing plan classes get involved."



Nebraska student

HOW CAN FAMILIES HELP THEIR CHILDREN ENJOY SCHOOL LUNCH?

- Try new foods at home. Kids need many opportunities to taste a new food to "get used to it."
- Talk with your child about what's on the menu. Make sure he or she knows about all the foods that are included in his or her school.
- Eat lunch at school with your child. Learn more about what's offered and meet school nutrition staff.
- Encourage your child or teen to join in taste-testing events or surveys about school lunch, when available.

Visit Choosemyplate.gov/Families for additional tips and activities for families.

The National School Lunch Program is a federally assisted meal program operating in public and nonprofit private schools and residential child care institutions. It provides nutritionally balanced, low-cost or free lunches to children each school day.

Learn more at: www.fns.usda.gov/nslp/national-school-lunch-program-nslp.

FNS-632 August 2016 USDA is an equal opportunity provider and employer.





Attention Current 6th graders and 7th graders Travel to Washington D.C. May 2019



Price per student \$1700 Price per Adult \$1900

ROUND-TRIP TRANSPORTATION

Hotel Accommodations

Overnight Security

Meal and all Gratuities

Guided Tour and Activities: Including White House, Lincoln Memorial, Capitol, Mt. Vernon. WWII memorial, Vietnam memorial, Martin Luther King Jr.

Contact Audrey Blaser at ablaser@lakeview.esu7.org in interested in going.

ALUMNI WRESTLERS NIGHT!

On Tuesday, January 16, 2018, beginning at 6:30 pm Lakeview will be hosting Grand Island Northwest for a huge wrestling dual at Lakeview High. We are inviting anyone who has wrestled for Lakeview High School in the past to show up for this dual. You will get free admission, have special front row seating, and have your name announced during the dual! Please show up by 6:00 pm that night, so that we can get your name down and seat you in the proper location. If you can't make this meet, below is a schedule of all of the wrestling matches this year.



2017-18 Lakeview Wrestling Schedule

date	day	start time	where	other:
Dec 1	1ST PLACE NEW SCHOOL RECORD FOR MOST PTS SCORED			Lakeview Invite (10 teams)
Dec 7	W	on 62-18 (dual	rec 1-0)	Twin River dual
Dec 9	1	st PLACE (14 te	eams!)	North Bend Invite
	R	esults above ar	e as of the dead	dline for this Newsletter (12/8/17)
Dec 14	Thurs	6:00 pm	Cen City	double dual vs Central City, Schuyler, and David City
Dec 16	Sat	9:00 am	Logan	Logan View Invite
Dec 21	Thurs	6:00 pm	LHS	Aurora Dual, Senior Night!
Jan 5	Fri	3:30 pm	Ashland	Ashland Tournament
Jan 11	Thurs	6:30 pm	Platteview	Platteview Dual
Jan 16	Tues	6:30 pm	LHS	GI Northwest HS dual, Almni Wrestling Night, free admission and special seating to ALL former LHS wrestlers!
Jan 19	Fri	10:30 am	Madison	Madison Invite
Jan 25	Thurs	6:00 pm	Albion	Triangular vs Boone Central and Scotus
Jan 27	Sat	9:00 am	Raymond	Raymond Central Invite
Feb 3	Sat	9:30 am	Aurora	Central Conf Tournament
Feb 5	Mon	4:00 pm	Northwest	JV invite at GI Northwest HS
Feb 9 &10	Fri/ Sat	ТВА	York	B-1 Districts at York High School
Feb 15,	Thus, Fri,	ТВА	Omaha	Nebraska State Wrestling Tournament, Century
16, 17	Sat	IBA:	Omana	Link Center
Feb 15,	Thus, Fri,	ТВА	Omaha	Nebraska State Wrestling Championships
16, 17	Sat	I DA	Omana	
Feb 24	Sat	ТВА	Kearney	Nebraska State Dual Championships at Univ of Nebr at Kearney



LAKEVIEW WRESTLING
"BUILDING MEN FOR THE FUTURE!"



2017-2018 LAKEVIEW CLUB WRESTLING

The 2017-18 Lakeview Club Wrestling season pre-K-8th grade is around the corner. A parent meeting will be held in the Lakeview High School library and the first club practice will be on **January 2nd, 2017 at 6:30 pm**. Topics will include: wrestling attire, tournament schedule, fundraisers, practice dates and times, Lakeview Invite, coaching and wrestler expectations, as well as any questions you may have. Don't miss this thrilling opportunity to expose your child to one of the oldest sports known to man!

Check it out and see if the Lakeview Wrestling Club is right for you! All skill levels are invited! We have **designated December 4**, **11**, **18** as **dates that will have pre-season practices that will focus on fundamentals of the sport**. Practice will run from 6:30-7:30 PM. Bring your child up whether he's experienced or new to the sport of wrestling.

If you have any questions please do not hesitate to call Coach Bargen. We are always looking for more dads and former wrestlers to volunteer to help coach the club season.

High School Coach:

Jeff Bargen- 402-440-2039



Wrestling Coaches:

Logan Rodehorst Codi Jarosz Andrew Glause Trevor Jarosz

Registration fee per child is \$35. This will include:

- AAU Wrestling membership which will carry insurance
- Entry fee to all club wrestling meets
- Lakeview Wrestling T-shirt
- Rental of Lakeview club singlet for the season

Dates to Remember:

- Tuesday, January 2nd at 6:30 PM in Lakeview cafeteria. This is the organizational parent meeting. Bring your child along for the first practice during the meeting.
- **Pre-seson practices**: December 4th, 11th, 18th from 6:30 7:30 PM. This is for wrestlers that want to get a jump start on the season and review fundamentals.
- Mondays and Thursdays evenings will be designated practice nights after the
 first meeting. We will have a beginner (Pre-K -2nd) practice from 6:15 7:00 PM
 and an avdavanced (3rd-8th) from 7:00 8:00 PM.
- Sunday January 21st will be our club invite. We host a large tournament and this is a big fundraiser for our club. We will need everyones help to make this a success again.

SENIOR & JUNIOR PARENTS -

POST PROM INFORMATION

APRIL 21" PROM, POST PROM TO FOLLOW

NEXT MEETING is in January. Pleas Lakeview's website and e-mail for date.

Parent involvement is what makes Post Prom a success! **If you plan on working at Post Prom, we ask that you serve on a committee or help with the fundraisers.** Please check the Lakeview website for updates, under the Community tab.

Future fundraising dates below. Please mark your calendars:				
Viking Jam	March 23 rd -24 th	Ironman Volleyball	March 18 th	
Thank was fuar	the otenies occurrent and M	-licon Falt- (400) 040 000	O. I amatta Ommunik	

Thank you from the steering committee! Melissa Foltz (402) 910-6998, Lenette Sprunk (402) 910-1238, Kara Johnson (402) 276-6842 and Lori Van Cleave (402) 659-8265

<u>Schwan's donates to Lakeview Post Prom:</u> This season we're raising money for Lakeview Post Prom with the Schwan's Cares program. Our group earns up to 40% cash back each time we shop for delicious foods from Schwan's Home Service, Inc. before March 19, 2018. Schwan's offers over 300 high-quality, family-pleasing foods that are flash-frozen and delivered to your door. It's an incredibly easy and convenient way to raise money.

Please raise money for Lakeview Post Prom today. Visit link below or Lakeview's website:

https://www.schwans-cares.com/campaigns/35633-lakeview-post-prom

Junior-Senior Parent Donation For Lakeview High School Post Prom April 22, 2018

Please consider donating to the Post Prom fund with a monetary gift of at least \$25.00. We are asking all Junior and Senior parents, grandparents or willing Lakeview patrons to donate. Your donation will be used to purchase food and gifts for Post Prom for all junior and senior students in attendance. Please drop your contribution in the mail to: Lakeview Community Schools, Attn: Post Prom Committee, 3744 83rd St., Columbus, NE 68601

I am willing to donate \$	towards the 2018 Lakeview Post-Prom and hel
	event to attend following the JrSr. Prom on April 21st
2016.	
Patron Name(s)	

Support Lakeview Viking History...

BUY A BRICK!

For all those fans who wish to become a permanent part of Lakeview High School history and continue to building the Viking tradition, we offer a unique opportunity. Be a part of the most distinctive feature of the Lakeview Athletic Complex...the "VIKING WALK OF PRIDE". The entrance to the newly renovated stadium will consist of personalized bricks which will form a walkway for our fans. The walkway, to be named the "VIKING WALK OF PRIDE", will capture the LHS tradition of excellence. Viking athletics have produced some outstanding athletes. Now, the "VIKING WALK OF PRIDE" provides a unique opportunity to leave an enduring symbol of your support for Lakeview High School Athletics.

YES! I want to be a part of Viking History with a personalized VIKIN	G WALK OF PRIDE brick!
Purchaser's Name	
Address	
City, State, Zip	
This is a SURPRISE gift. (Do not send acknowledgement letter.)	
Send acknowledgement letter to:	
Purchaser's Name	
Address	
City, State, Zip	
Print information exactly as you would like it to appear, noting there are be the name of your company, a special message or something more creating the same of your company.	
4" X 8" Standard size, in	nprinted: \$100.00

Maximum of 14 characters per line (including spaces) - 3 lines. If you wish to order more than one brick or would like your bricks placed next to a friend's brick or with a group of bricks, your orders MUST BE PLACED TOGETHER! All contributions are tax deductible to the extent allowed by law.

All profits from this sale will be used for the construction and maintenance of a new track. ALL STATE PLAYERS! There will be a spot reserved for you along the main entrance.

ORDER YOUR BRICKS TODAY!

CHECK OR MONEY ORDER

Enclose your check or money order along with this form in an envelope and mail to:

LAKEVIEW HIGH SCHOOL FOUNDATION (TRACK)

3744 83rd Street

COLUMBUS, NE 68601